

# **M3 STROLLERS**

Keep this manual for future reference. If you sell this stroller or give it away, make sure you give this manual to the new owner. Ask them to read instructions completely.

## **Operating Instructions**

**Important:** Read and follow these Safety Rules and Assembly Instructions before operating stroller. If you have any questions concerning the safe use of this product, contact Pacific Cycle LLC at 1-800-242-6110, M-F, 8:00 a.m. – 5:00 p.m. C.T. or visit our website at [www.instep.net](http://www.instep.net).

## **Safety Rules:**

**WARNING: Failure to follow these warnings and assembly instructions could result in serious injury or death.**

Immediately discard any plastic wrapping.

Never allow children to fold, assemble, or disassemble the stroller.

Maximum weight capacity for the Single stroller is 50 lbs. or 22.7 kg. Excessive weight may cause a hazardous, unstable condition if this load is exceeded. Maximum height of the child shall not exceed 38" or 96 cm.

Never place child in stroller with their head forward and feet rearward.

Avoid serious injury from falling or sliding out. Always use seat belt.

Never leave child unattended.

Never use this stroller with roller or in-line skates.

Never allow stroller to be used as a toy or allow children to give rides to others.

Never use stroller if it becomes damaged.

Always be aware of traffic around you when walking.

Always engage brakes when you stop or when you let go of handle.

Accessories or parcels placed in or on the stroller may cause it to become unstable.

Maximum weight for objects in bottom basket is 5 lbs. or 2.2 kg. Excessive weight may cause a hazardous, unstable condition.

Maximum weight for objects in rear zippered pouch is 1 lb. or .45 kg. Excessive weight may cause a hazardous, unstable condition.

To avoid burns, never put hot liquids in the parent or child tray. To prevent tipping over do not place more than 2 lbs. or 1 kg on either the parent or child tray.

Child may slip into leg openings and strangle. Never use in a reclined carriage position unless T-shield/waist strap placement has been readjusted.

Care must be taken when folding and unfolding the product to prevent finger entrapment.

## **IMPORTANT**

We appreciate your purchase of one of our many fine products. We are sure that you will be satisfied with your selection. We regret that although great care and effort have been taken, occasionally problems may occur. PLEASE DO NOT RETURN PRODUCT TO THE STORE. To ensure prompt and correct handling of problems, or to answer questions, please contact us at either our Toll-Free Customer Service number or E-mail us at our address listed below. Service will be quicker if you have your model number (found on the product and box) along with this instruction sheet ready when calling. If you have any questions concerning the safe use of this product, please contact us at 1-800-242-6110, and follow the prompts to our customer service representative, or E-mail us at [info@instep.net](mailto:info@instep.net) or visit our website at [www.instep.net](http://www.instep.net)

Tires are shipped deflated, DO NOT OVERINFLATE. Please inflate slowly, with short bursts, to 30-35 PSI maximum. 30 PSI will provide a comfortable ride for your child



# Model M3 Strollers Assembly Instructions

## Parts List

Description	Qty
Frame Assembly	1
Fender	1
Fender screws # 8 x 3/4"	4
Parent Console	1
Front Wheel Assembly 16"	1
Rear Wheels 16"	2

## Stroller Assembly Instructions

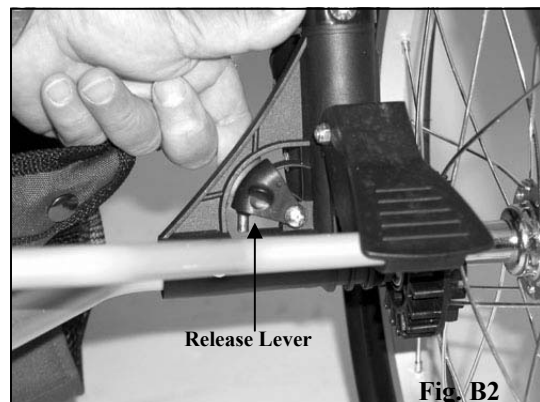
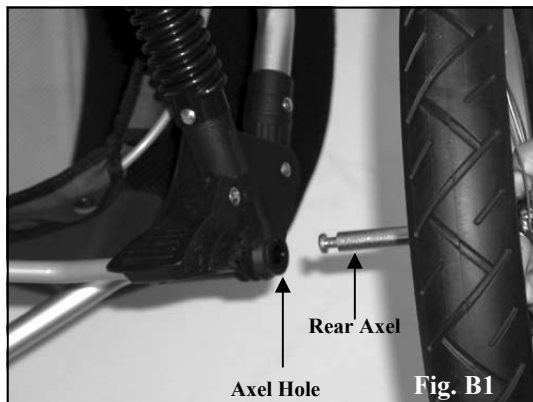
### Step 1. Unfold Stroller

Grasp frame as shown and open until both side latches engage (Figure A).



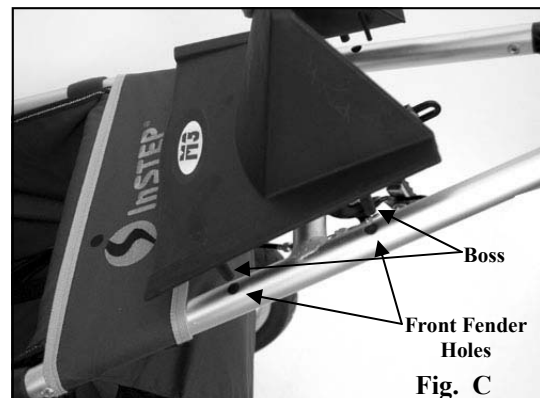
### Step 2. Rear Wheel Assembly

Turn stroller onto its side. Grasp rear wheel in one hand, slide wheel's axle into the sides of the rear "U" shaped crossbar hole located near the rear brake. Push firmly to lock in place. (Figure B1). Check to see that the wheel is properly inserted by pulling on the wheel firmly. The wheel should not come off if fully inserted/locked. Repeat for other side. To release wheel push up on axle release lever and pull off wheel (Figure B2).



### Step 3. Front Fender Assembly

Turn stroller upright onto its rear wheels, then tip stroller back so the handlebar is down on the ground and the front fork is up. Align the fender's 4 boss's with the 4 holes on the front frame push the 4 boss's into the frame's hole. Insert the #8 x 3/4" screw into the hole and tighten with a Phillips screwdriver, repeat for the other 3 holes (Figure C).



## Step 4. Front Wheel Assembly

While stroller is still tipped back, attach the front wheel by loosening the wheel's quick release (Q/R) lever on the front wheel far enough to allow the axle to slide into the front fork (Figure D1). The front caliper brake Q/R lever should be in the open position so the front wheel can be inserted easily into the front fork. With wheel's Q/R lever in open position, hand tighten the cone nut until almost tight, then close the wheel's Q/R lever to lock wheel in place. Note this step may require minor adjustment until the Q/R lever flips back with firm pressure (Figure D2 and D3). Pull outward on wheel to ensure it is locked in place. Close the Q/R lever on the front caliper brake and spin the front wheel to check if the brake pads are properly aligned and not rubbing on the rim. If brake pad alignment is off, loosen the brake pad nut with an adjustable wrench, reposition pad and re-tighten the brake pad nut (See Figure D1).

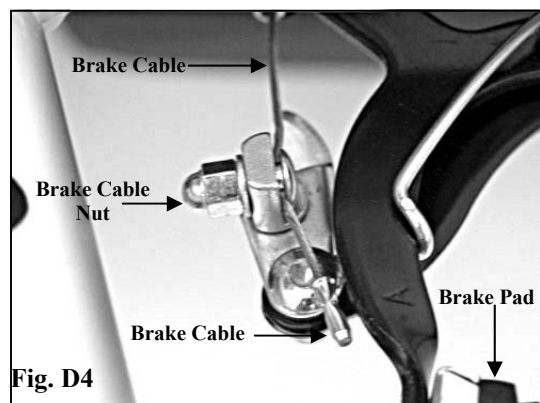
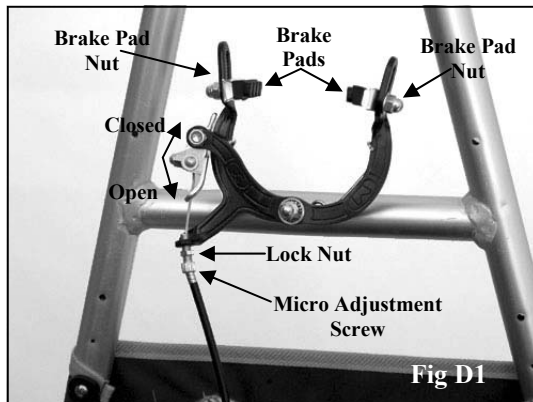
**NOTE:** The alignment of the front wheel determines if the stroller will roll straight or veer to the right or left. In the event the stroller is veering to one direction, unloosen the front wheel's Q/R lever, point the wheel in the opposite direction it is veering and retighten wheel's Q/R lever. This may require a very slight adjustment to get your stroller rolling straight.

**NOTE:** The black hex nuts should be on the inside of the wheel next to the hub. These are factory set and should not require adjusting (See Figure D3).

### Adjusting the front side pull caliper brake

Properly adjusted brakes require attention to this detail. It is normal for the brake cable to stretch over a period of time and you will find it necessary to periodically adjust the front brake. This can be done 2 ways: Micro adjustment- unloosen the locknut located next to the Micro adjustment screw, turn the micro adjustment screw out to move brake pads closer to the rim then re-tighten locknut (See Figure D1).

Macro adjustment - unloosen the brake cable nut that holds the cable onto the caliper. With one hand hold the brake pads next to the rim of the wheel with the other hand pull firmly on the brake cable below the caliper brake. While still holding the brake pads next to the rim re-tighten the nut with adjustable wrench. Use the micro adjustment to fine tune the position of the pads to the rim which should be about  $\frac{1}{4}$ " from the rim. Check adjustment by squeezing the front brake lever (See Figure D4)

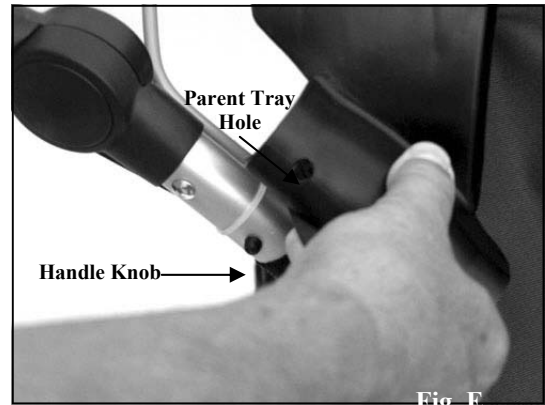


### Step 5. Installing Parent's Convenience Tray

Snap the parent tray onto the handle bar aligning the tray's holes with the handlebar's knobs (Figure E).

### Step 6. Installing optional Child Tray (sold separately)

Align the child tray onto the frame just below side latches,



### Step 7. Installing optional Child booty cover (sold separately)

Undo the shoulder and waist straps from the stroller seat center buckle. Place the booty into the seat and insert the shoulder, waist and crotch straps through the slits in the booty, snap the sides onto the bottom of the frame. Place child into booty and adjust the restraint straps to a snug fit. Zipper close (Figure F1,F2).



### Step 8. Adjusting the angle of the canopy and using the zipout weather-shield.

Unsnap the canopy sides from the frame loosen the hook loop tab from center of console, rotate canopy to the desired angle to help block the sun. Note the zipout weathershield should be zippered in when rotating the canopy forward (FigureG1)

Unzip the canopy edge to expose the weathershield. Align the hook and loop of the inside flap so it does not hang down in your child's face. Loop the 2 hooks together under the front fender. When not in use roll up weather shield into zippered area to store (Figure G2).



# Use Instructions

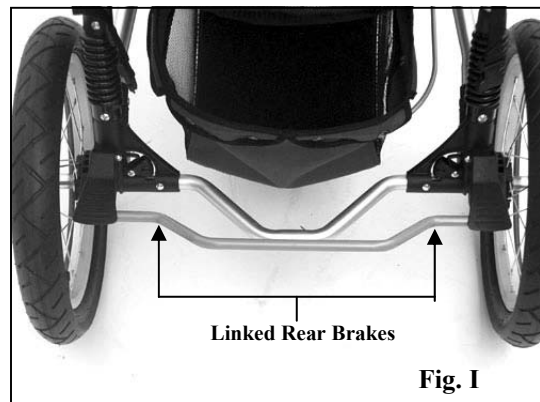
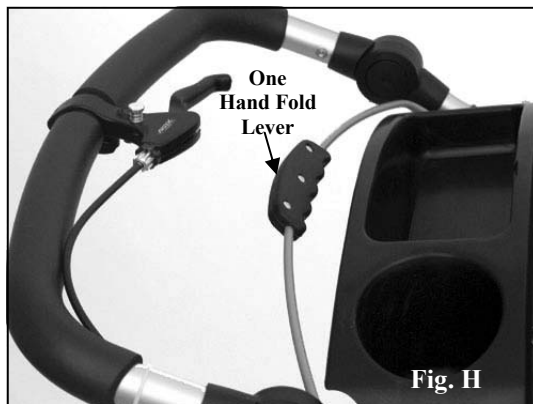
**WARNING:** Always remove child from stroller before folding.

## To fold stroller:

**IMPORTANT** Pull the seatback forward toward the front fender prior to folding! Pull the one hand fold handle located between the tray and handle of the stroller. The stroller will automatically begin to fold. (Figure H). Continue folding/pushing frame together.

## To engage rear brakes:

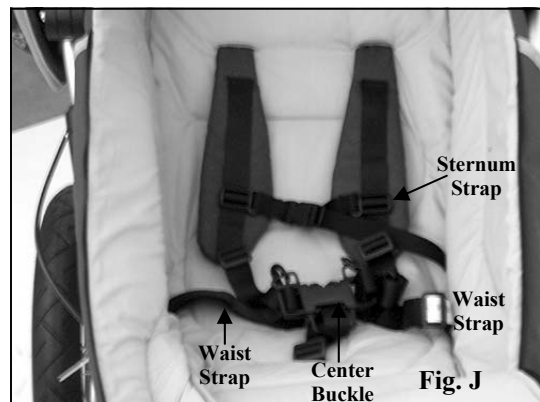
Step lightly on the center brake bar to engage brakes. To disengage, lift up on brake bar (Figure I). **DO NOT STAND ON REAR BRAKE BAR.**



## PROPER USE OF SEAT BELTS & SHOULDER STRAPS:

**WARNING:** Avoid serious injury from falling or sliding out. Always use seatbelt.

1. Place child in seat. Make sure T-strap is between the child's legs.
2. When child is seated, place shoulder straps over the child's shoulders and clip onto the waist buckle.
3. Buckle the waist straps into the center buckle on the T-strap repeat for other side. Adjust the T-Strap, waist and shoulder straps for snug fit (Figure J).



## To recline seat:

To fully recline, unhook buckle on back of the seat (Figure K).

To place seat in upright position, push seat forward and reconnect buckle located on back of seat.

To adjust the recline position, adjust the slide on the strap.

**WARNING:** Child may slip into leg openings and strangle. Never use in a reclined carriage position unless T-shield and shoulder straps have been readjusted to the new seat position.



### **To adjust handle height:**

While pushing the handle buttons in rotate handle to the desired height (Figure L).



## **Care and Maintenance**

### **Check fasteners**

After one hour of use, check all fasteners to make sure they are secure. Adjust if necessary. Periodically check the stroller and fasteners to ensure that it is in good operating condition.

### **To clean seat and canopy:**

If light cleaning is required, use a soft cloth with warm water and mild soap, then air dry. Do not put into washing machine. Do not put in dryer. DO NOT BLEACH.

### **To clean frame:**

Wipe using a soft cloth with warm water and mild soap. Air dry. DO NOT USE polish or abrasives. If you have any questions concerning the safe use of this product, please contact Pacific Cycle LLC before using:



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**FAX 1-800-858-2800**

SCHWINN or InSTEP stroller questions can also be directed to: [www.instep.net](http://www.instep.net) or [info@instep.net](mailto:info@instep.net)